



FREE Weekend Food for Your Child/Children!

Ashford School recognizes the link between proper nutrition and an increase in cognitive, physical, and emotional success. The Weekend Backpack Program offers a supply of nutritious meals and snacks for children over the weekend, **free of charge if you are struggling to meet your family's nutritional needs** and would benefit from receiving additional food. The staff will discreetly distribute kid-friendly food bags on the last school day before the weekend. Any child enrolled at Ashford School can receive these weekly bags of food. The program will begin on April 1, 2022. If you enroll your family, children will receive a food bag each week until the end of the school year, or until you no longer wish to participate.

If you feel that your children would benefit from receiving additional food to **meet their nutritional needs** over the weekend, we encourage you to sign up. Please fill out the form below and return it to the main office in a sealed envelope addressed to Mrs. McDonough. Enrollment is ongoing, however, the sooner your form is returned the sooner we can start sending food home. This information will be kept confidential. Questions or concerns? Please contact Melissa McDonough at mmcdonough@ashfordct.org.

Weekend Backpack Program Consent Form

- Please sign my child/children up for the Weekend Backpack Program! I understand my child/children will soon start receiving a food bag at the end of each week to help feed him/her over the weekend. **PLEASE PRINT CLEARLY.**

Child's Name	Age	Teacher	Food Allergies?

Print Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Telephone Number: _____

Parent/Guardian Email Address: _____

Would you like to receive information about other services available Y / N (Please circle)